

Computer Basics for Kupuna 2

Dec 2022



Technology Connects Seniors to Services

Look How Far We've Come!

- Jan 2020** Public Health Emergency (PHE)
- Mar 2020** First Case in Hawaii
- Mar 2020** Stay-at-Home Order Issued
- Apr 2020** State Responds to Food Crisis
- Jul 2020** 393 Contact Tracers Trained
- Aug 2020** Relief Workers Arrive
- Oct 2020** Safe Travels Program
- Dec 2020** Vaccine Approved Age 16+
- Jul 2021** Vaccine Approved Age 5 - 16
- Mar 2022** Indoor Mask Mandate Ends
- Sep 2022** New Boosters Available
- Jan 2023** Tentative End of Federal PHE



What's Inside:

- Email vs Postal Mail
- Create Strong Passwords
- Tech Talk
- The Affordable Connectivity Program
- **my Social Security** Account
- **Attention Medicaid Members!!**





Let's Compare Electronic Mail (Email) to Traditional Mail



Unlike traditional mail, **Electronic mail (Email)** can be 1) sent instantly from a computer or smartphone device, 2) guaranteed to reach recipient, 3) opened while away from home, and 4) cheaper, saving on paper, envelopes, and stamps!

- To start using a new device, an email is usually needed
- Send/receive messages, documents, and pictures with other Email users that you know and trust
- Emails require setting up a username and secret password to protect your account from hackers
- Save time and paper by signing up to receive Emailed "soft" copies of bank and medical **e-statements**

To create an **Email**, your device must first be connected to the internet

- ▶ Select a preferred browser
- ▶ Go to an Email host website (gmail.com, appleID.com, outlook.com, yahoo.com)
- ▶ Click **Sign In/Create an Account** and enter your information and preferences
- ▶ Remember your username and create a strong password
- ▶ Have fun browsing the internet but only visit secured  websites

 <https://hawaiiiship.org>



Tech Talk

Browser: Software to access the internet (Chrome, Edge, Firefox, Safari)

Internet: A global computer network that links people, places, and resources

Create Strong Passwords

- Make it easy to remember
- Make it hard for others to guess
- Use 8+ characters
- Use upper and lower-case letters
- Combine numbers and letters
- Use symbols (? \$ * % #)
- Keep passwords in a safe place
- Avoid using same passwords

Example: AloHa%50

Website: An internet site that provides information (www.hawaiiiship.org)

Wifi: Connects electronic devices to the internet wirelessly; wifi service providers include Spectrum, Hawaiian Telcom, Sandwich Isles Communications, Dish, etc.

Create a **my** Social Security Account

It's Fast, Easy, Safe, and Gives you Control!!



quick



easy



secure



control

- ▶ Go to SSA.gov click **Sign In/Up**
- ▶ Click **my Social Security** box
- ▶ Click **Create an Account** (uses **Login.gov** for more security)
- ▶ Click **Create an Account** again
- ▶ Enter **Email Address**
- ▶ Select **Language** preference
- ▶ Check box to accept **Rules of Use**
- ▶ Click **Submit** and follow instructions
- ▶ Choose to get passcode by text or email as 2nd method of identification
- ▶ Receive confirmation email

Congratulations! You Did It!

ATTENTION MEDICAID MEMBERS!

You only have 12 months after the Public Health Emergency ends to renew your eligibility. Look for mail from the Med-QUEST Office requesting your current information. Respond quickly to stay enrolled in Medicaid and avoid termination. If you lose Medicaid, Marketplace plans are available.

Hawaii SHIP Can Help, CALL TODAY!!

808-586-7299

Toll-Free: 1-888-875-9229

my Social Security Makes It Easy To...

-  Sign Up for Medicare
-  Track Application Status
-  Check Social Security Benefits
-  Direct Deposit to Checking
-  Replace Social Security Card
-  Replace Medicare Card
-  Get Help and Answers



\$ave on Internet Cost with Affordable Connectivity Program: You may qualify if you or a family member receives any of the benefits below!!

- Save up to \$30/month off **internet**
- Save up to \$75/month off **internet** (for Hawaiian Homeland households)
- Up to \$100 to purchase computer device from participating Hawaii internet provider:
 - One-time discount for laptop, desktop, or tablet
 - Must pay at least \$10 of purchase price

Medicaid

Supplemental Security Income (SSI)

Veterans and Survivors Pension Benefit

Federal Public Housing Assistance

Lifeline (Fed. Communications Commission)

Supplemental Nutrition Assistance Program (SNAP)

Supp. Nutrition Program for Women, Infants and Children (WIC)

Free/reduced-price lunch /breakfast program

Federal Pell Grant in the current award year

Other low-income program from participating provider

For more information or to apply, go to www.affordableconnectivity.gov/how-to-apply/

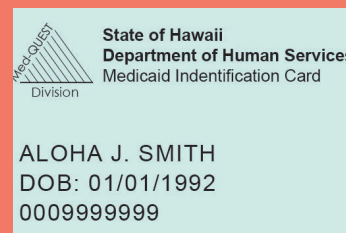


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What You Need to Know After The Public Health Emergency (PHE) Ends...



January 2020
to
January 2023



New Special Enrollment Periods (SEP) Help You to Avoid Late Penalties

If you didn't enroll in **MEDICARE** when first eligible, it's not too late. The new 2023 SEP rules below allow you to enroll in Part B without having to pay a lifetime late enrollment penalty.

You are eligible for a SEP if you:

1. Were impacted by a disaster/government-declared emergency
2. Received wrong information about Part B enrollment from your employer or health plan
3. Were incarcerated, or
4. Lost your **MEDICAID** coverage after the COVID-19 public health emergency ends, or on or after January 1, 2023 (whichever is earlier)

Look inside for
more information
on Medicaid and
internet programs
for **kupuna**

VOLUNTEER

Be Active, Stay Connected, and Help Your Community
Call Hawaii SHIP Today to Learn More!

Helpline: 808-586-7299

Toll-Free: 1-888-875-9229

Website: hawaiihip.org